

Balanced Life Counseling LLC
950 West Monroe St. - Suite G100, Jackson MI 49202
(517)962-5022 - Fax (517)962-5195

Welcome to Balanced Life Counseling (BLC)! Please take note of the following information and feel free to ask questions if needed.

Appointments: Our services are by appointments only. The average time is 45 to 55 minutes. Intake assessments and treatment plan sessions will take more time, 1 1/2-2 hours.

Messages: We try not to accept phone calls while we are in session, unless it is an emergency. However, we do check our messages frequently and return calls as soon as possible.

Treatment: We expect to make our professional relationship one in which you receive maximum benefit. Therapy is tremendously beneficial for some individuals while, at the same time, there are risks. The risks include experiencing intense and unwanted feelings including: sadness, anger, fear, guilt or anxiety. It is important to remember that these feelings are a natural and normal part of therapy process. Other risks of therapy might include: recalling unpleasant life events, facing unpleasant thoughts and beliefs. Abrupt/Early termination of therapy may intensify some of these symptoms and therefore not recommended. Please talk about your desire to terminate therapy with your therapist.

Termination: Termination of therapy may be initiated by either the client or counselor. BLC will give written notification prior to termination. Reasons for terminating a client are: nonpayment of fees, consistent no shows for appointments without notification, or if therapy sessions have been exhausted. If client desires a referral, it will be made at that time. Your therapist would talk with you about these situations, before termination, to see if we can find a remedy for them.

Client's Rights: At any time, our clients may question or refuse any therapeutic/diagnostic procedure or method. They have the right to be informed before giving consent for treatment. Clients are also assured of confidentiality in accordance with both ethical practice standards and also by HIPPA laws. They have the right to be treated courteously, with dignity and respect. And, we have an Informal Grievance and Complaint Process should this be needed.

Should you have any questions, please feel free to ask us.

WE ASK THAT MINOR CHILDREN NOT BE LEFT IN THE LOBBY UNATTENDED.

BY SIGNING BELOW, YOU ARE ACKNOWLEDGING THAT YOU UNDERSTAND THE ABOVE AND ARE CONSENTING TO RECEIVE COUNSELING SERVICES WITH BALANCED LIFE COUNSELING.

Client's Signature: _____

Date: _____

Witness's Signature: _____

Date: _____